Therapeutic Fees and Rebates

The real cost to provide counselling services is **$171.55** per 50 min individual session or **$190** per 50 min couples session. However, WHWS is able to provide this service according to the fee structure provided below due to funding provided by the Australian Government and through the use of the Medicare Better Access scheme.

While the Australian Psychological Society (APS) recommends a **$330** fee for a standard psychology consultation (typically 45-60 minutes)

Our fees are listed below: (From 1st July 2026)

Session Type	You Pay (per session)	Out of Pocket (per session)	Medicare Rebate (per session)	Financial Hardship sponsored by Community Bank Canning Vale (per session)
Initial 10 individual sessions	$171.55	$70	$101.55*	N/A
Initial 10 individual (with concession)	$151.55	$50	$101.55*	$20.00
Ongoing Individual sessions	$171.55	$171.55	N/A	N/A
*Medicare rebates only available with a current Mental Health Care Plan				

Session Type	You pay (per session)	Full Fee (per session)	Our funding covers (per session)	Financial Hardship sponsored by Community Bank Canning Vale (per session)
Initial 10 individual sessions	$70	$171.55	$101.55	N/A
Initial 10 Individual (with concession)	$50	$151.55	$101.55	$20.00
Ongoing individual sessions	$171.55	$171.55	N/A	N/A
Initial 10 Couples sessions	$90	$190	$100	N/A
Initial 10 Couples (with concession)	$70	$170	$100	$20.00
Ongoing Couples sessions	$190	$190	N/A	N/A
Initial 10 Family Therapy sessions	$0	$190	$190	N/A
Ongoing Family Therapy sessions	$190	$190	N/A	N/A
Late Cancellation fee	Session Fee (From $50)		No rebate	
Support letter summary preparation	From $187			
Attendance record	No Charge			

We don't want fees to be a barrier and, in some circumstances, fees can be negotiated to a more affordable rate. Fee reductions are based on capacity. Our financial hardship fund is limited and allocated to those most in need—once fully utilised, additional support may not be available for others in the community.

If you need to cancel, please provide at least 48 hours' notice. Missed appointments without due notice will be charged at the "You Pay" rate.

Community Bank Canning Vale
Bendigo Bank
2026 Financial Hardship Fund Sponsor

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women's health & wellbeing services

Western Australian Centre for Perinatal Mental Health & Parenting Support